

**Coffeyville Community College**

**HPER-140**

**COURSE SYLLABUS**

**FOR**

**INDIVIDUAL ACTIVITY: KNITTING**

**Bethanie Frank**

**Instructor**

**COURSE NUMBER:** HPER-140    **COURSE TITLE:** Individual Activity: Knitting

**CREDIT HOURS:** 1

**INSTRUCTOR:** Bethanie Frank

**OFFICE LOCATION:** Arts and Sciences 166

**PHONE:** 620-251-7700 ext. 2188

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**OFFICE HOURS:** See schedule posted on office door

**PREREQUISITES:** None

**REQUIRED TEXT:** It is recommended that you borrow or purchase needles in US size 10 along with a medium weight yarn. This will be easiest to handle for learning and can be found in any craft and/or hobby store.

**COURSE  
DESCRIPTION:**

This is a service course designed to meet the interests of students who desire to participate and develop skills in individual lifetime sports and activities: archery, bowling, golf, tennis, pocket billiards, swimming, dance, tumbling, walking, weight training, and jogging.

This course is designed to teach the basics of knitting – including those knitters that might need a little refresher course. Lessons will cover the history of knitting, discussion of the tools and how to read and understand patterns and charts.

**EXPECTED LEARNER  
OUTCOMES:**

1. Read and understand a pattern.
2. Successfully knit and purl.
3. Implement color into their knitting.
4. Distinguish between various weights of yarns.
5. Identify the tools needed for knitting.
6. Find and finish a project of their choosing.

**LEARNING TASKS  
AND ACTIVITIES:**

Lesson 1: Knitting History and Tools of the Trade  
Lesson 2: Starting to Knit  
Lesson 3: Purling and Binding Off  
Lesson 4: Reading a Pattern  
Lesson 5: Adding and Decreasing Stitches

Lesson 6: Adding Color work  
Lesson 7: Seaming and Blocking

**ASSESSMENT  
OF OUTCOMES:**

Each lesson will include a practice assignment that will directly apply directly to that lesson. Students will successfully complete this course with 70% or better. Incompletes will only be given under special circumstances. If an incomplete is given the remaining coursework must be made up within six weeks of the end of the semester. Failure to do so will result in a failing grade for the course.

**ATTENDANCE:**

Attendance is expected. Coffeyville Community College's attendance policy reads as follows:

Students are expected to attend all classes. Regular class attendance is necessary for maximum success in college. It is the responsibility of the students to make definite arrangements for all work before going on field trips or other College-sponsored trips. School-sponsored activities will be counted as excused absences providing students complete all necessary assignments as designated by the instructors and the activity sponsors notify the instructors at least three days prior to the day(s) the student will be absent. Excused absences are to include academic competition, judging team competition, music events, official athletic events, field trips, convocations, and other college-sponsored events as approved by the Vice President for Learning. A student may be withdrawn from any class for excessive absences. (See "Withdrawal from Classes for Non-Attendance.")

**This syllabus is subject to revision with prior notification to the student by the instructor.**

## **COMPETENCIES:**

### **READ AND UNDERSTAND A PATTERN**

1. Identify the various symbols in a pattern (knowledge)
2. Apply the pattern and/or chart to actual knitting (application)
3. Produce a finish piece from a pattern (application)
4. Rewrite a pattern to satisfy a size change, yarn change, or needle change (comprehension)

### **SUCCESSFULLY KNIT AND PURL**

1. Produce a block of garter stitch (application)
2. Produce a block of stockinet stitch (application)
3. Produce a block of ribbing (application)
4. Show how to increase stitches(application)
5. Show how to decrease stitches (application)
6. Show how to bind off (application)
7. Show how to cast on (application)
8. Produce a pair of blocks that have utilized seaming (application)

### **IMPLEMENT COLOR INTO KNITTING**

1. Produce a block of color stranded work (application)
2. Produce a block of intarsia (application)
3. Produce a block of Fair Isle (application)

### **DISTINGUISH BETWEEN VARIOUS WEIGHTS OF YARN**

1. Select the proper yarn for a pattern (knowledge)
2. Differentiate between the various weights of yarn (comprehension)

### **IDENTIFY THE TOOLS NEEDED FOR KNITTING**

1. Identify cable needles and explain their purpose(knowledge and comprehension)
2. Identify tapestry needles and explain their purpose (knowledge and comprehension)
3. Identify a needle gauge and explain its purpose (knowledge and comprehension)
4. Identify stitch markers and explain their purpose (knowledge and comprehension)
5. Identify a row counter and explain its purpose (knowledge and comprehension)

### **FIND AND FINISH A PROJECT OF THE STUDENT'S CHOOSING**

1. Select a project suitable to the skill of the student (knowledge)
2. Select the proper tools and yarn needed for the project (knowledge)
3. Produce a finished piece from the pattern (application)